

# Community Health Assessment Survey BONNE BAY AREA RESULTS 2019-2020

139



**RESPONDENTS** FROM BONNE BAY AREA

45%



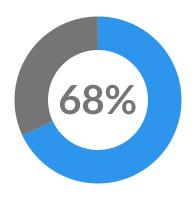
MAJORITY FROM
NORRIS POINT/ROCKY
HARBOUR

26%



MAJORITY IN THE **36-45 AND 46-55 AGE GROUPS** 

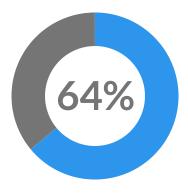
#### **HEALTH INFORMATION**



#### **FAMILY DOCTOR**

Majority (68%) of respondents go to their family doctor when they are looking for health related information

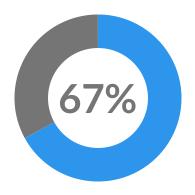
## **HEALTH SERVICES**



### **SATISFACTION**

Majority (64%) of respondents were satisfied or very satisfied with health care services they used in the past 12 months

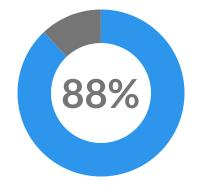
## **ACCESS**



#### **REQUIRED HEALTH SERVICES**

Majority (67%) of respondents indicated they were able to access a required health service

#### **HEALTH STATUS**



#### **PHYSICAL HEALTH**

Majority (88%) of respondents reported their physical health was excellent or very good

# TOP THREE COMMUNITY CONCERNS:

- 1. Addictions (31%)
- 2. Mental health of residents (25%)
- 3. Cost of living (19%)

## TOP THREE BEHAVIORS TO IMPROVE HEALTH:

- 1. Physical activity (99%)
- 2. Eat healthier (80%)
- 3. Reduce stress (68%)

# TOP THREE WAYS WESTERN HEALTH CAN MAKE A DIFFERENCE:

- 1. Improve access to primary care
- 2. Improve access and wait times for specialist services
- Improve access to mental health and addictions programs, services, and resources

For the full regional and individual primary health care reports, visit the Western Health website.